





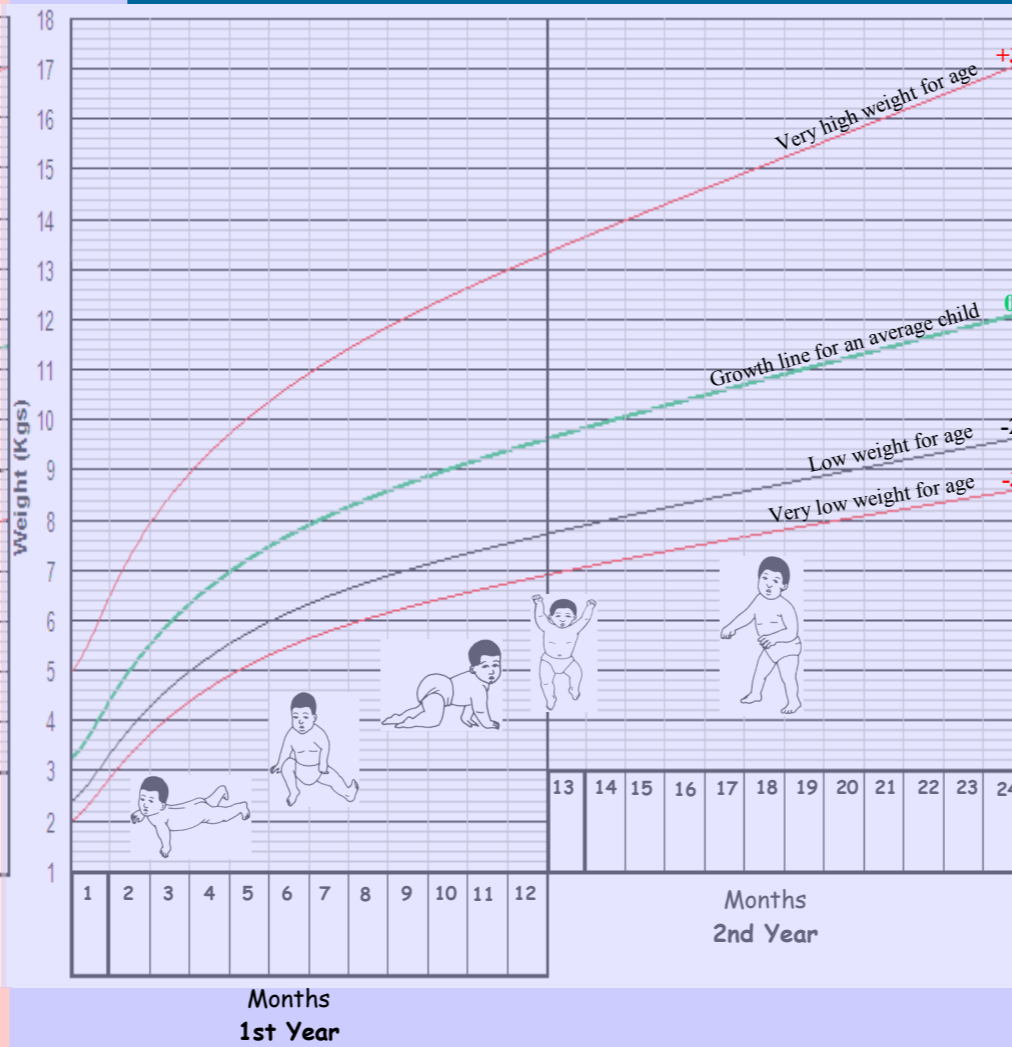
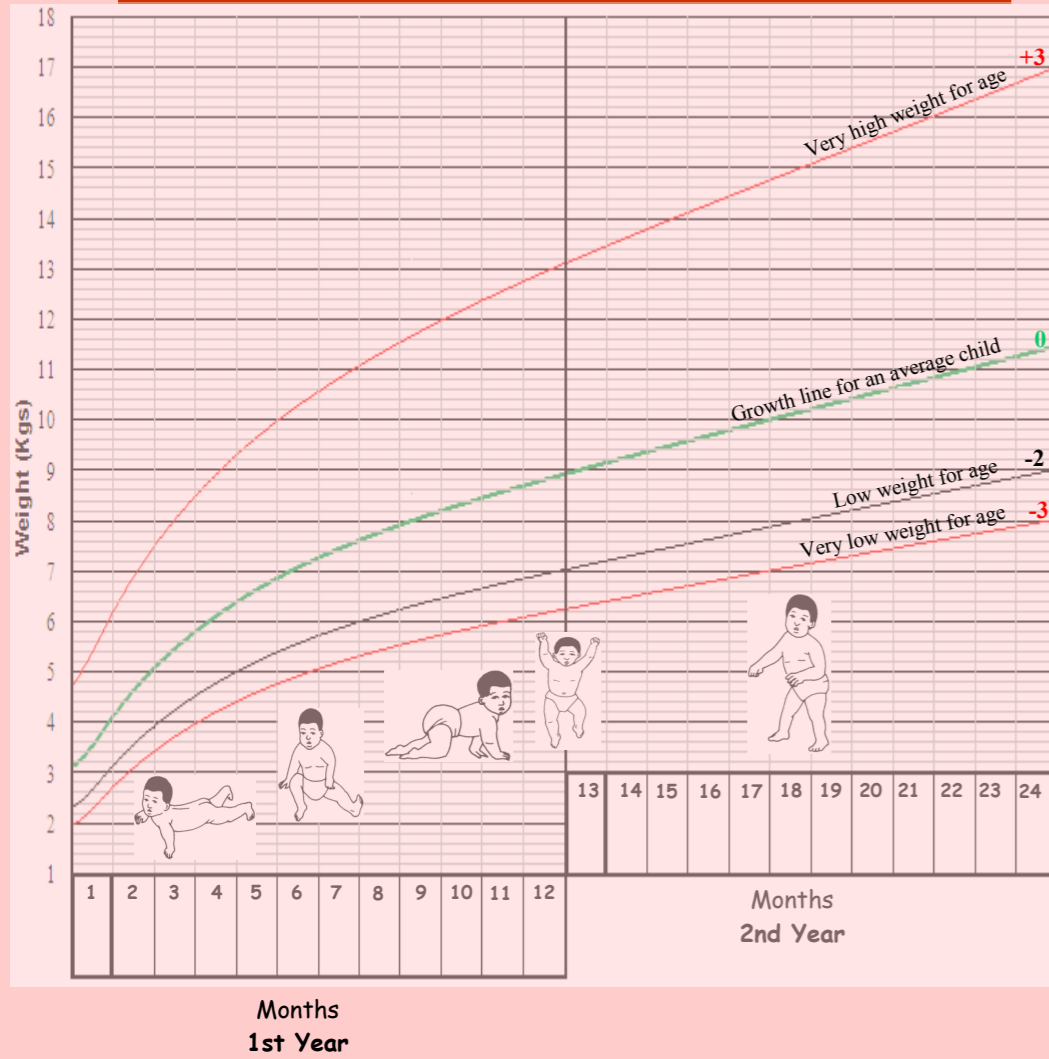
# GROWTH PROMOTION CHART

**IMPORTANT:** Give your baby only breast milk for the first 6 months. Add foods and other liquids only at 6 months



## Weight-for-Age: GIRLS (Birth to 2 years)

## Weight-for-Age: BOYS (Birth to 2 years)



### Discuss

- Breast feeding
- Maternal nutrition
- HIV and AIDS
- Immunisation and Vitamin A supplementation
- Feeding the baby during illness and after illness
- Other foods from 6 months of age
- Frequency of feeding
- Clean food and water
- Child spacing
- Sanitation and hygiene

Weigh the child during each visit, properly record on the card and interpret to the mother or caretaker.

## INFANT & YOUNG CHILD FEEDING

Time	Birth	1w	6w	10w	14w	6m	9m	12m	18m	24m
IYCF Code										

### Infant and Young Child Feeding (IYCF) Codes

- Exclusive Breast Feeding 01
- Exclusive Replacement Feeding 02
- Mixed feeding 03
- Appropriate Complementary Feeding 04
- Other, Specify \_\_\_\_\_ 09

Mother's PMTCT Code \_\_\_\_\_

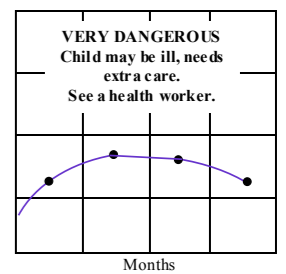
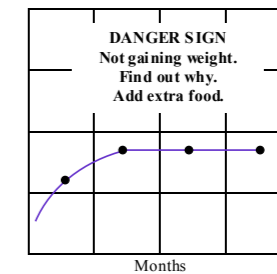
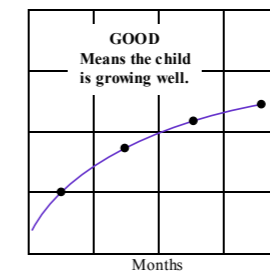
Results of the child Reactive ( ) Non-Reactive ( )

Child initiated on treatment? Yes ( ) No ( )

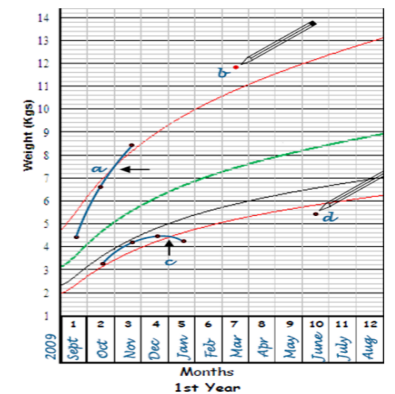
Date child initiated on treatment \_\_\_\_/\_\_\_\_/\_\_\_\_

### Watch the line showing the child's growth:

The growth curve should continue to go up every time you have your child weighed.



- A child is severely over-weight for his or her age when the growth line crosses the upper-most curve ("a") or the weight lies above the upper-most curve ("b")
- A child is severely under-weight when the growth curve crosses the lower-most curve ("c") or the weight lies below the lower-most curve ("d")



Spend time with your child. Playing with him or her; talking to him or her; and encouraging him or her to learn will help him or her to develop.